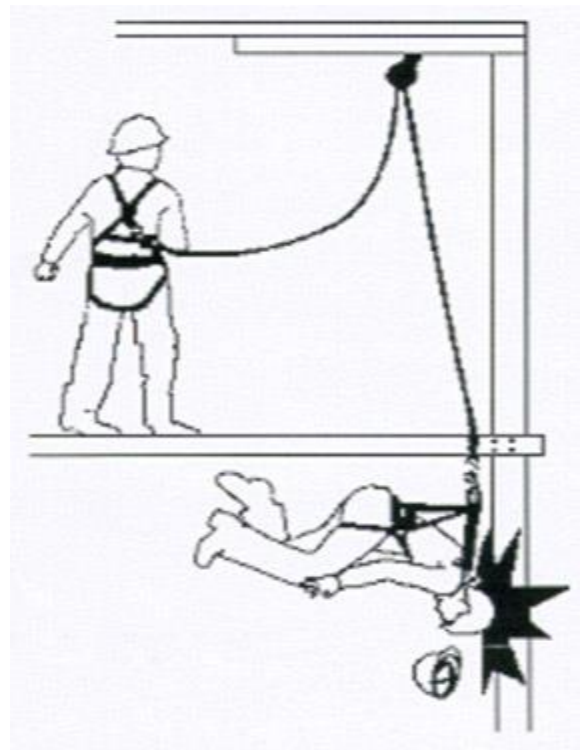
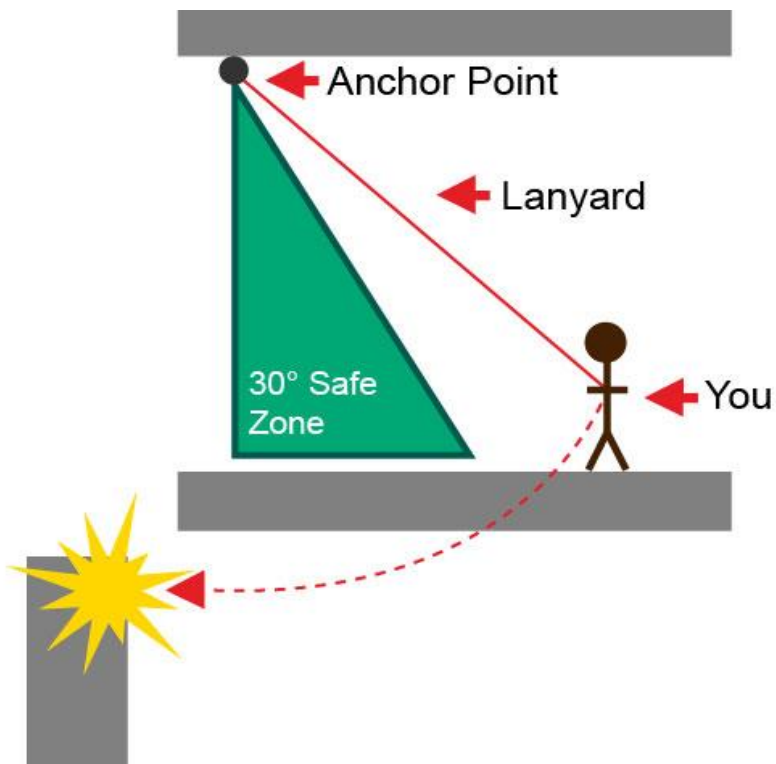


# Safety Alert



A swing fall hazard occurs when a worker is working outside of their anchorage point safe zone (when the anchorage is not positioned directly overhead). When the worker is outside of this zone, the “pendulum effect” can occur. This effect will cause the worker to swing when they fall, and possibly strike objects during the process. Serious injuries or death can occur if the fallen worker strikes hard enough.

Tips to avoid swing falls:

- ✓ Tie off to an anchorage above head (if possible)
- ✓ Preferred use of a retractable
- ✓ Work within the 30° “safe zone” when using PFAS on either side of the anchorage
- ✓ The safety line should be more vertical rather than horizontal (pictured on the right) behind the workers back to indicate distance from the anchorage point
- ✓ If you have to move outside of the 30° “safe zone”, tie off to a different anchorage